

THE TRIPARTITE ADVISORY TO EMPLOYERS

17 November 2020

The Tripartite Advisory was launched by Minister of Manpower, Ms. Josephine Teo on 17 November at the Workplace Safety and Health Conference 2020. This conference was attended by employers and business owners to prepare them for a post Covid-19 workplace.

There were 4 key recommendations made to encourage employers to take greater ownership of their workers' mental health because many workers are facing greater mental stress from juggling work and personal commitments in this prolonged period of telecommuting work arrangements during the Covid-19 outbreak.

These recommendations were made recognising that employers will benefit from a healthy and productive workforce which can contribute to better business performance.

We are happy to state that MindWealth 360 EAP services align with these recommendations and will help employers achieve them.

The four recommendations are:

1. Appoint mental wellness champions to raise employees' awareness on mental well-being and mental health conditions through talks and workshops;
2. Provide access to counselling services such as Employee Assistance Programmes to allow employees to speak to a professional on their work and non-work related challenges;
3. Train managers to spot signs of mental distress, and on where they can refer employees to seek help from; and
4. Recognise the need for employees to have adequate rest outside work hours by establishing a work-life harmony policy to provide clarity on after-hours work communication.

Source: Straits Times article published Nov 17, 2020.

Read the article at this link: <https://bit.ly/2Hbv67z>