

# MINDWEALTH 360 EAP PACKAGES OVERVIEW



TALKS /  
WEBINARS  
1 hr sessions



ONLINE  
RESILIENCE  
COURSE



HELPLINE  
+  
EMAIL



COUNSELLING  
OR LIFE  
COACHING  
1 hr sessions

PACKAGE COST  
  
S\$  
GST not included

## 1. INTRODUCTORY EAP PACKAGE

2

1 module  
for preview



\*4

1,600

## 2. BASIC EAP PACKAGE

2

3 modules  
+15 e-learning



\*8

4,600

## 3. ADVANCED EAP PACKAGE

4

6 modules  
+30 e-learning



\*8

7,000

## 4. ONLINE RESILIENCE TRAINING

1  
Introductory

6 modules  
+30 e-learning



Pay per use

4,000

## 5. EXECUTIVE COACHING PACKAGE

1  
Introductory

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Varied  
packages

Varied  
pricing

\*This is the total number of counselling hours available for all company employees for the period of the contract. Additional hours are available if necessary at an additional cost ([click here](#)). Quarterly reports to track usage of counselling sessions will be provided.